



Safe Harbor  
of Northeastern Kentucky

# *The Anchor* *Newsletter*

Spring 2020 • [www.safeharborky.org](http://www.safeharborky.org)



## Cornerstone honors key partners

*Safe Harbor held its annual Cornerstone Awards and 1,000 Women (and Men) Campaign luncheon on March 3 at Bellefonte Country Club. Among those honored with Cornerstone Awards were Judge Robert Conley, middle left, Judge George Davis, bottom left, and Judge John Vincent, bottom right.*



*See related photos of additional winners on Page 3. Those winners included Judge Jeffrey Preston (not pictured), Mike Robinson and Valerie James.*

### From the Desk of Ann Perkins, Executive Director

The redbuds are popping, the hillsides are blooming with greenery and life, and Safe Harbor is doing what we have done for over 37 years, keeping families safe with shelter, counseling, food, clothes, supplies, transportation when needed to hospitals and court. We have been in lockdown since approximately March 16th. Life for us is very different. We wear masks, gloves, and are cleaning constantly which we do most of the time, but now we've taken it to a new level.

We are home, and we are a sanctuary for families. We are not a prison but we are following our state compliance orders for quarantine. So far we are virus free. We have terrific staff who have shown up, stayed calm, and taken care of fragile clients who already felt isolated and alone. This is just complicating life way more than some can take it.

Just in the last month we have had 3 domestic violence murders. One was shot at Tudor's in WVa, 1 shot in South Carolina, and one beat to death in Lawrence Co. All from our community. How many victims are sitting on the couch every day with a perpetrator and are stuck, unable to call, text or reach out in fear of being hurt, or their children being hurt or murdered? People tell us who they are. I am sure those murderers told their victims what they were going to do to them. Please folks, take people at their word. Leave, make a plan, and get out of that relationship. Don't be a statistic. We urge all families to take a deep breath when tensions run high. Be especially kind to each other and give space to those who need it. When you go out, wear a mask. If you don't have one, make one with fabric, socks, coffee filters, hair bands, scarves or bandanas, or whatever works for you.

Ask for help if you need it. Call our crisis line at 606-329-9304. We have someone answering the phones 24/7. We are more than a shelter; we are advocates, counselors, referrals, life managers, listeners, and community partners.

This is such a different time that many of us have never experienced before. It makes me think back to World War 2 when we watched movies of Europe being bombed, people quarantined to their houses for months and years. No one knowing when it would be over. Many people have died who experienced that condition. But, they left many stories behind that we can watch, read, and remember. The difference for us is, this is a silent enemy. One we can't see or feel until it strikes. It lays quiet for weeks in our bodies and then explodes our very being with fever, shortness of breath, and body aches.

Just like World War 2, this will be over, but, it will make us think twice about how we go about our jobs, our families and how we take for granted little things that we have grown accustomed to, when taken away.

One thing we have learned. We will be better prepared. We will have a stock of cleaning supplies, disinfectants, masks, water, foods, and supplies. We will not wait until we run out. We will use our heads and our hearts to comfort folks who are alienated from family and friends just like we have been doing for over 36 years. We have been lucky to access all our needs from other agencies, distilleries, going from store to store, and being creative. We are ok. We are following the rules, listening to our Governor, and waiting to get back to life. Take care of each other. This is our greatest mission. This is what we do.



#### Safe Harbor BOARD OF DIRECTORS

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# Consider a pledge to the 1,000 Women Campaign



*Mike Robinson, Safe Harbor's Cornerstone Honoree*

*Valerie James, Safe Harbor's Cornerstone Honoree*

**Please remember Safe Harbor in your will. Safe Harbor of Northeast Kentucky is a 501(c)3 charity.**



## Future Art Studio Update

What used to be the old TB hospital laundry room will now be the future Art Studio for residents at Safe Harbor. The Art studio will offer art classes to our clients. Our staff and volunteers have been working hard to get the studio ready to open. Windows in the new studio have been installed along with new ceiling fans. A bathroom and the plumbing has been installed. Some of the shelves and pottery tables have been built as well and there will also be a new front door installed soon. We are hoping to give our DV clients and survivors a chance to learn new life-long hobbies while creating self-awareness, and ways to cope with stress and anxiety. A date has not been set yet for when the art studio will open but if you are interested in donating items for the art studio or would like to volunteer when the Art Studio opens please call 606.329.9304. We will be recruiting volunteers to help with teaching art groups such as painting, pottery, crafts, sewing, quilting and crocheting etc.

### Safe Harbor Staff

Executive Director Ann Perkins	Transitional Housing Coordinator April Ison	Legal/Outreach Advocates Paige Stepp Shayna Conley	Rosie Smith Linda Brown Donna Hall Kaylee Haney	Cafeteria Manager Stephanie Callicot Rene Fitch(Assistant)
Assistant Director Shelia Boyles	Maintenance Assistants Brian Grimm Oliver Barber	Child Advocates Bonnie Boyd Holly Helphinstine	Jennifer Morrison Shelby Norman Kay Reid Nancy Ross Bailey Wallace Yetta Layne Amanda Wyatt	AmeriCorps Katlyn Sparks Alyshia Duncan Kayleigh Eddy
Director of Finance & Administration Beth Lunsford	Volunteer/Outreach Coordinator Tiffanie Buckner	Client Advocates Lauren Gardner Ashlee McMilan		
Housing/Maintenance Coordinator Abbe Tomlin	Case Manager Coordinator Stephanie Brandon			

**If you or someone you know is a victim of domestic violence, call 1-800-926-2150 or (606) 329-9304**

# Thanks to our wonderful donors!

During the past several months, the following donors, organizations, foundations and businesses generously contributed to Safe Harbor:

Virginia s. Hagans

Jerry Umberger

OLBH Auxiliary Foundation

Brenda Platt

Network for Good

Kelley Galloway Smith Goolsby PSC

Frontstream

S. Douglas Deitch, MD

Earnest Pitt

Clara Marcum

David Bush

Ann and Jim Wiseman



***Thank you to the wonderful donors who donated Easter baskets and supplies so our kids at Safe Harbor could have a wonderful Easter! Pictured above is Pam Nelson and Jenny Damron from First Christina Church.***

Cornerstone/ 1,000 Women (and Men) Campaign:

Dorothy Lynn Rhodes (Gold Sponsor)

Ashland Community and Technical College (Gold Sponsor)

Community Trust Bank (Gold Sponsor)

Marathon Petroleum Company (Gold Sponsor)

King's Daughter's Medical Center (Gold Sponsor)

Second Hand Rose, Sam & Ann Perkins (Bronze Sponsor)

Kelley Galloway Smith and Goolsby (Bronze Sponsor)

City National Bank (Bronze Sponsor)

Phyllis S. Konerman

Ann Wiseman

Kelly Spradlin

Theresia Gussler

Charles Phillip Hedrick

Cheryl Spriggs

Heather Van Deren

Virginia Hagans

Susan and Robert Fried

Pam Fultz

Bruce Davis

Easter baskets:

Ironton Church of Christ- Secret Sisters

Jack and Emma Latherow(Twin Cats)

First Christian Church

Hope's Place



***Donated Easter baskets and chocolate bunnies from Ironton Church of Christ-Secret Sisters.***



***Tiffany Jobe from Hope's Place who donated Easter baskets for the children.***

## Mission Statement:

**Safe Harbor of Northeast Kentucky is dedicated to eliminating domestic violence through prevention, education and intervention.**

## Staying Home isn't always the safest place to be for everyone during Covid-19

If you or someone you know is in a domestic violence situation please call our 24 hour crisis line 1-800-926-2150. Our number always shows up unknown on caller ID and we have certified domestic violence counselors who can help with a personal safety plan. Some things you can do as a friend or family member to give support to someone in this situation is try having private conversations with them without judgement and establish safe words or code words so that you know when to check on them. Also, if you are a friend or family member, checking in with them periodically is a good idea and maybe calling for help for them if they can not do it for themselves.

### **Information regarding our services during Covid-19**

**Will my call to the hotline still be answered?** Yes. Our hotline will continue to be answered 24-hours a day. Please call us at 1-800-926-2150.

**Is shelter still open?** Yes, our emergency shelter for victims of domestic violence will continue to accept residents when beds are available. Additional precautions, including temperature readings for adults and children, will be required prior to intake and daily during stay. Please call our hotline to speak with an advocate: 1-800-926-2150.

**Are support/Volunteer groups still meeting?** Volunteer groups are cancelled until further notice with the exception of those support groups that happen at our emergency and transitional shelters. If you have questions or concerns during this time, please call 1-800-926-2150.

**How do I make a financial gift to support your services during this time?** Financial contributions to support services for survivors can be made from the secure Donate Now page on our website or mailed to P.O. Box 2163 Ashland, KY 41105.

**Are you requesting or accepting donations during this time?** We are suspending donations until further notice unless it is sanitation supplies or masks. Please call us at 606.329.9304 if you have questions or concerns about donating specific items.

## Valentine's Day Luncheon

Valentine's Day Luncheon was held for the residents and their children at Safe Harbor. A yummy lunch was provided by our cafeteria manager along with special treat bags for everyone.



## Celebrating 13 years of Lobster Fest!



Planning already is underway for this year's Lobster Fest, which is celebrating its 13th year. Among those serving on the planning committee are Bruce Davis, Jan Walz, Heather Van Deren, Executive Director, Ann Perkins, Susan Fried, Beth Lunsford and Tiffanie Buckner. The event will be Saturday, August 15, 6:30 p.m.-midnight, at Bellefonte Country Club. Menu choices will include surf and turf, beef or vegetarian. For more information, see back page.

Domestic violence services are funded, in whole or in part, from federal and state funds provided by the Cabinet for Health and Family Services through a contract with KCADV.

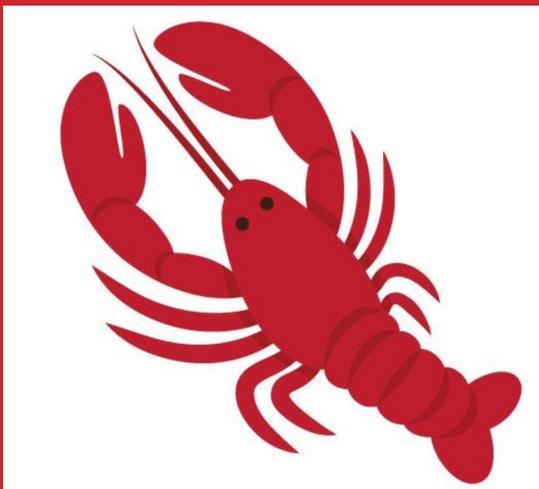


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**RETURN SERVICE REQUESTED**

**Celebrating 13 years of Lobster Fest!!!!**



**Save the date!!!**

**Saturday, August 15**

**6:30 p.m. - Midnight**

**Bellefonte Country Club**

- **Great food!**
- **Dancing under the Stars!**
- **The area's best live and silent auctions!**

**Call (606) 329-9304 for sponsorship and reservation information.**